

If You Think You Can by TJ Hoisington has been an enthusiastic favorite and source of inspiration among women inmates completing Rotary-sponsored Reentry Training at the Washington State Corrections Center for Women (WCCW) in Gig Harbor. The book is a perfect fit and helps provide the belief system and motivation needed to work through our curriculum--which focuses on getting & keeping a job using good self-management. Facing bad choices in their past is difficult, but when also learning to make good choices and change their lives, our inmate students are excited to move ahead and choose success and happiness. The book's focus on realistic future achievement is an invaluable inspiration to women who have often given up on achieving success in life. We use the book to begin each class—which sets a positive, “can-do” attitude as inmates face the hard work of creating detailed release plans, learn to positively reframe past failures and create new dreams for the future after release. Inmates cite the book in course evaluations as one of their most appreciated experiences. It is not surprising yet also very sad to hear many women tell us “this is the first time in my life I have ever heard or talked about the ideas in this book ...these ideas were not part of my life growing up.....but they are now.” Mark, Jeanne and Buck, Rotary Reentry Course Supervisors